

# What do laboratories need from an External Quality Assessment (EQA) Programme – is it time to redefine the aims of EQA?

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## Introduction

EQA is defined as a system designed to objectively assess the quality of results by an external agency. The aims were defined by the IFCC in 1983<sup>1</sup> in that they should:

- provide a measure of the quality of a test
- supplement IQC procedures
- provide a measure of the “state of the art” of a test
- obtain consensus values when true values are unknown
- investigate factors in performance.

<sup>1</sup>Buttner J, Borth R, Boutwell JH, Broughton PMG, Bowyer RC. International Federation of Clinical Chemistry, Scientific Committee Expert Panel on Nomenclature and principles of Quality Control in Clinical Chemistry. Approved recommendation (1983) on quality control in clinical chemistry. Part 3. External quality control. J Clin Chem Clin Biochem. 1983 Dec; 21(12): 885-92.

By using dedicated designs and samples, EQA can be used to provide a wealth of additional information such as assessment of trueness, inter and intra-laboratory variation, robustness of methods; sensitivity and specificities, linearity, post market vigilance, act as an educational stimulus, assess pre- and postanalytical factors as well as provide evidence for harmonisation strategies.

## Expectations of EQA Provider

In most countries, outside North America, the choice of EQA provider lies with the laboratory, where a range of factors should be considered in undertaking that choice<sup>2</sup>.

Figure 1 Factors influencing choice of EQA<sup>2</sup>

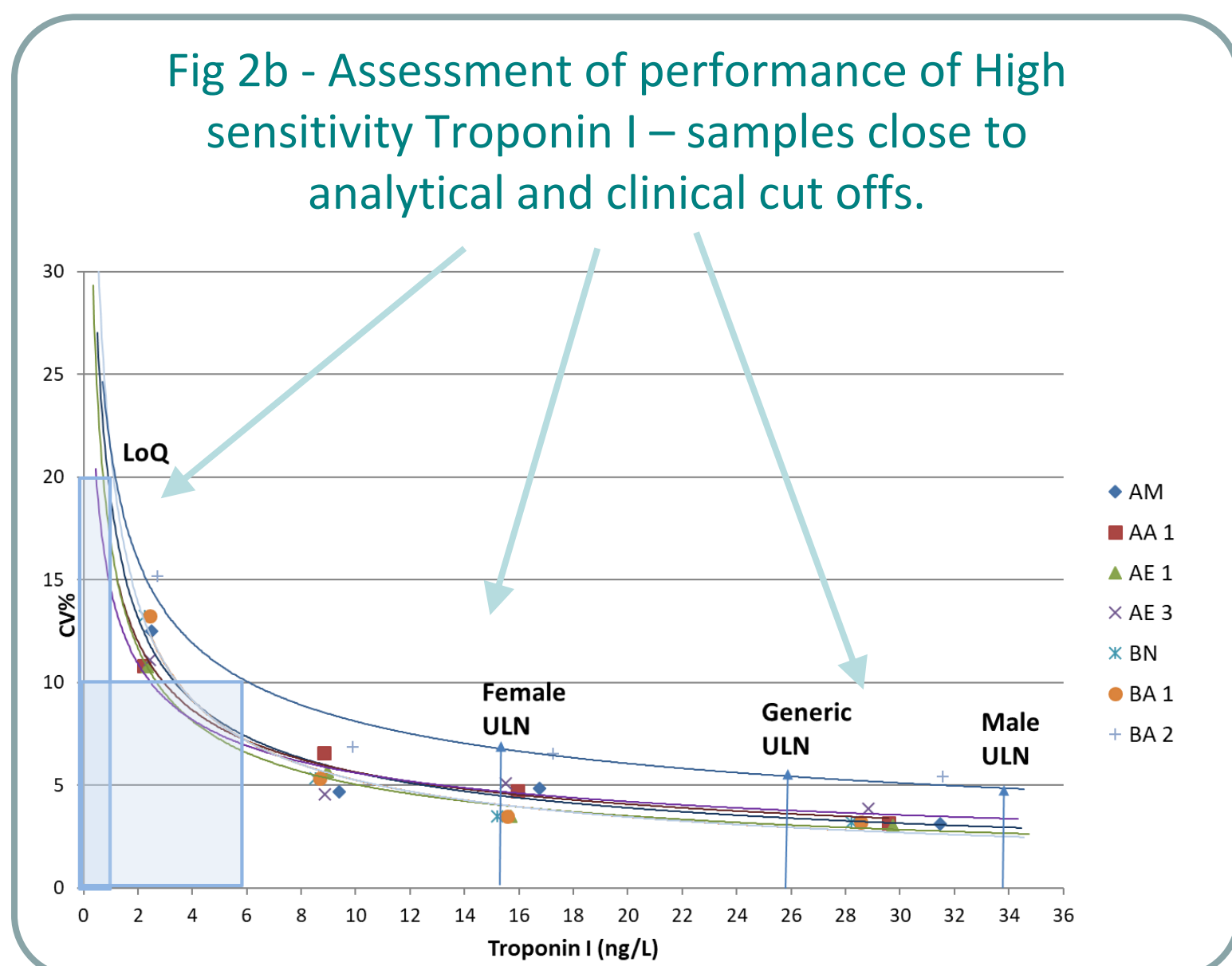
<b>Accreditation status – 17043</b>	• If not accredited, labs should justify why	<b>Scheme designed and overseen by appropriately competent professionals</b>	• Clinical Scientist or medically qualified • Independent Scientific or Medical Advisory group. • Statistical expertise
<b>Clinically relevant Distribution frequency</b>	• Variable across Schemes (EQALM study 2009) <sup>*</sup> • Where EQA used to assess IVDs, minimum of 6 distributions p.a. (BS EN 14136:2004) • For core tests – monthly	<b>Reporting to Professional body / Regulatory body.</b>	• Mechanism for identification and reporting of Persistent Poor performance issues
<b>Clinically relevant Range and number of samples</b>	• Evidence of reproducibility • Cover clinically appropriate range • “Blinded” • Commutable materials • Challenging samples	<b>Education</b>	• Training • Helpline • Pre analytical • Post Analytical
<b>Clinically relevant performance criteria</b>	• Based on clinical outcomes • Based on biological variation	<b>Post-marketing surveillance</b>	• Alerts manufacturers • Alerts competent authority • Alerts laboratories • Alerts professional bodies

<sup>2</sup>External quality assessment: best practice. James D, Ames D, Lopez B, et al. J Clin Pathol 2014; 67 : 651–655

## EQA Programme Design

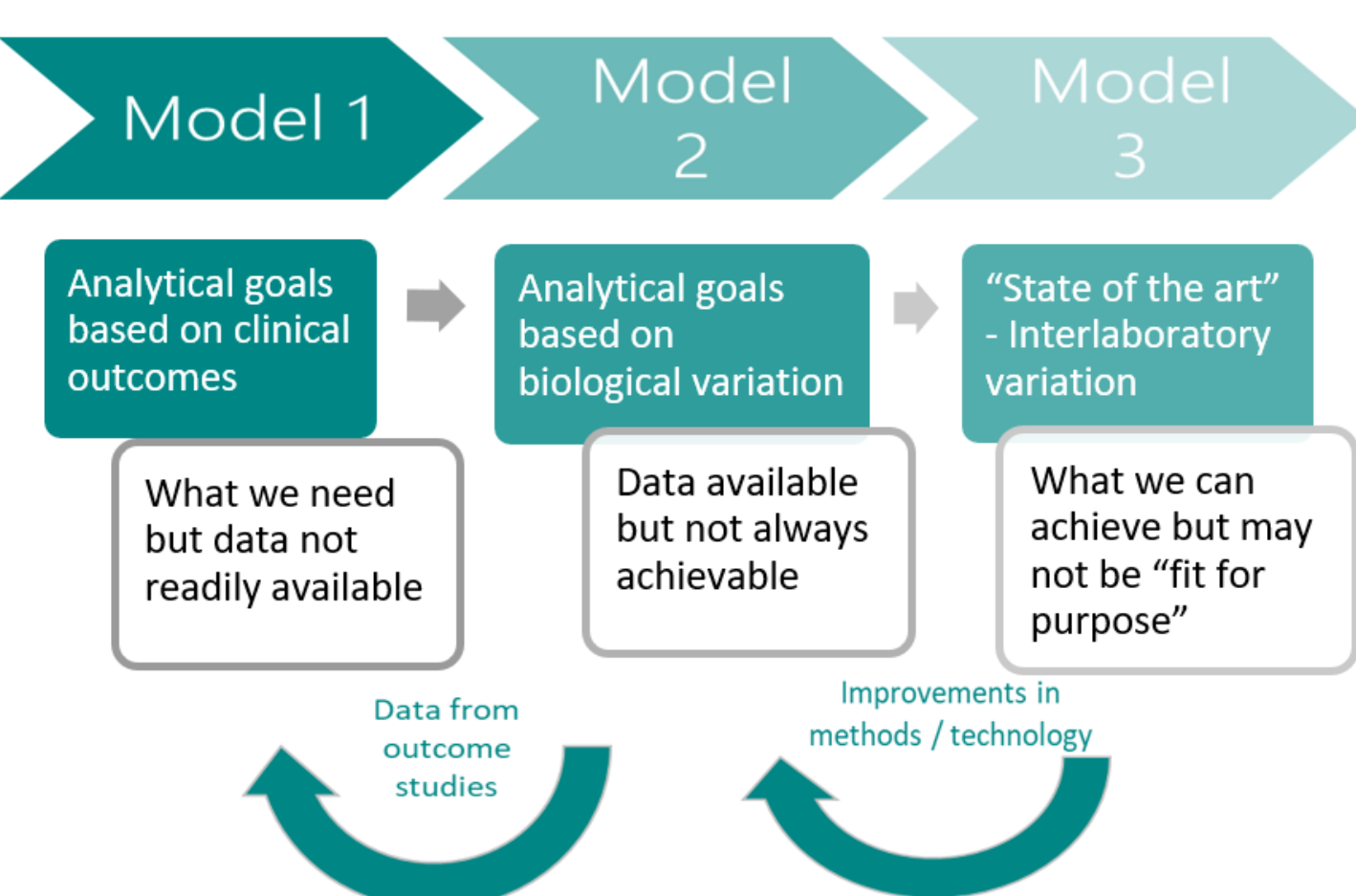
In the design a number of factors need to be considered such as: number, frequency and type of samples, target value, statistical analysis and the analytical performance specification (APS). The use of material as close as possible to the patient sample minimizes any matrix effect and allows the assessment of accuracy. Other factors to consider include: stability, homogeneity, clinically relevant concentrations at clinical decision limits, Figure2, and use of challenging samples.

## Clinically relevant samples



## Clinically relevant APS

Laboratories should ensure that the quality is appropriate for the needs of the clinical service. It is therefore essential that EQA evaluation criteria should also reflect clinical need. A hierarchical strategy for APS proposed by the EFLM is suggested<sup>3</sup>.



<sup>3</sup>Sandberg S, Fraser CG, Horvath AR, Jansen R, Jones GRD, Oosterhuis W, et al. Defining analytical performance specifications: consensus statement from the 1st strategic conference of the European federation of clinical chemistry and laboratory medicine. Clin Chem Lab Med 2015;53:833–5.

Fig 2b – Clinically relevant ranges

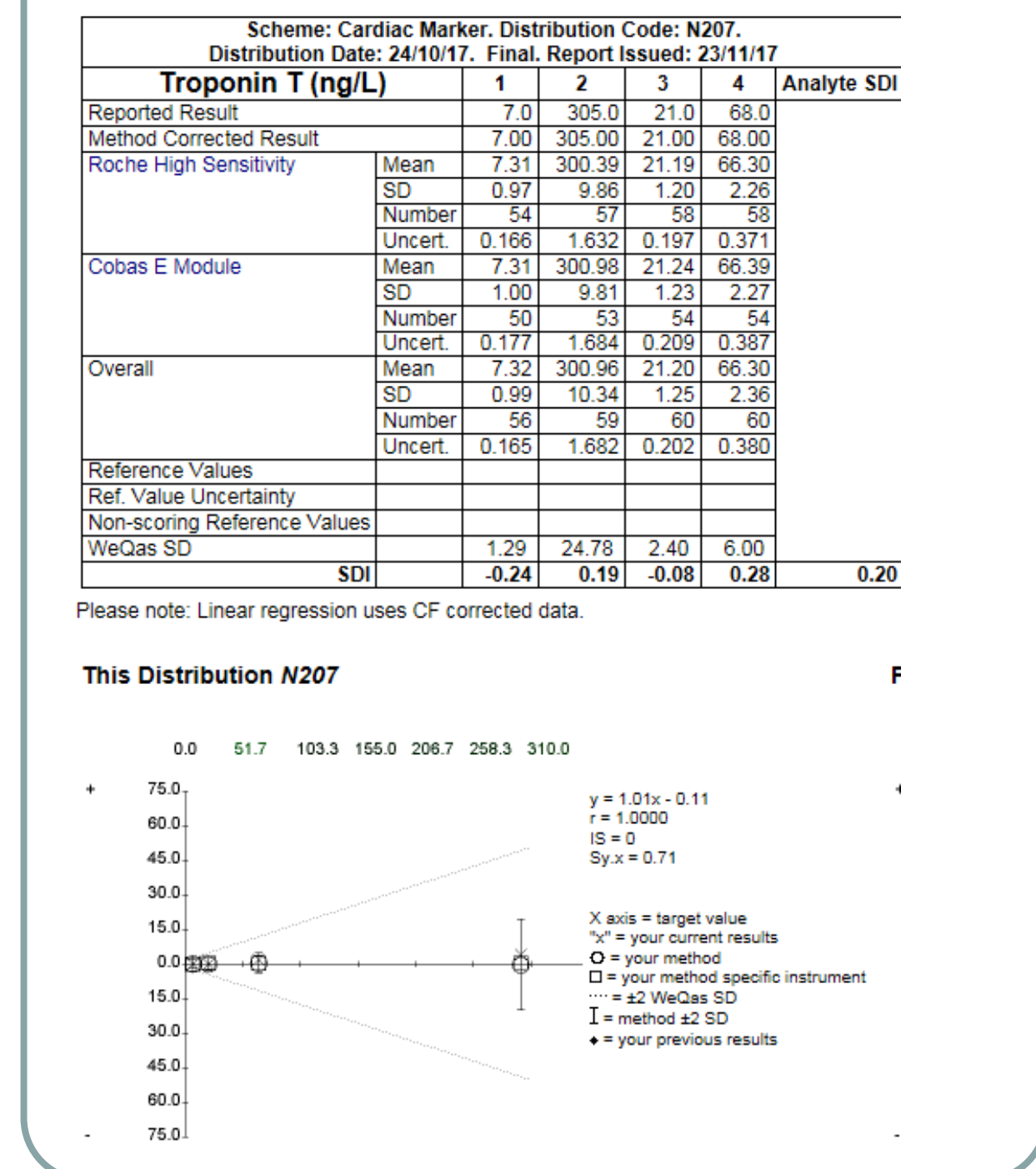
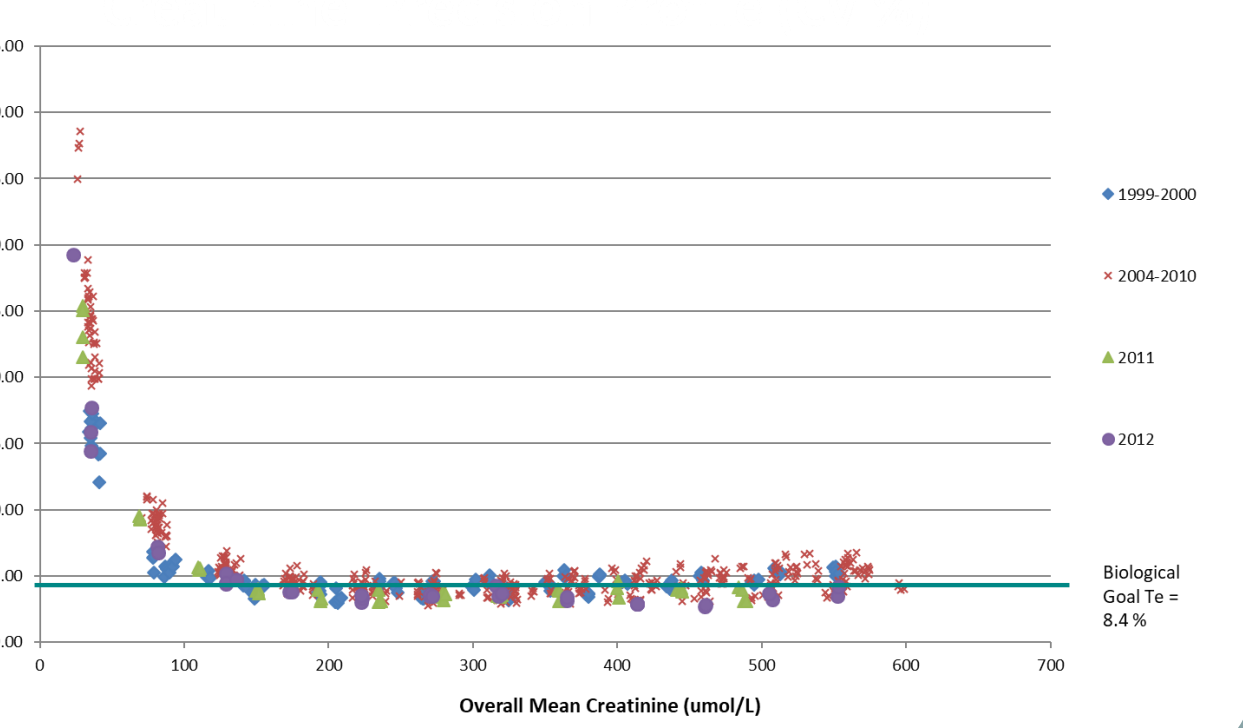


Fig 3 - State of the art v Biology Creatinine Precision Profile (CV%)

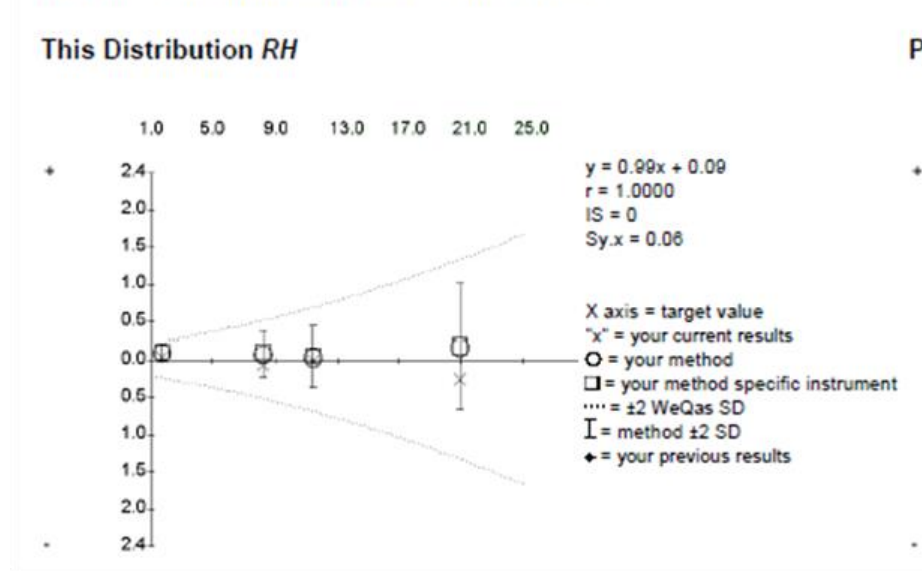


## Statistical design

The target value varies greatly and is often dependant on the matrix and availability of higher order reference methods. The advantages of the latter is that it provides a true assessment of accuracy, establishes metrological traceability, a requirement of ISO 15189, an independent assessment of manufacturer traceability claim, is not influenced by the number of devices, and is useful in the post market vigilance.

Fig 4 –Weqas reports - Use of higher order reference method target values.

Reported Result	1	2	3	4	Analyte SDI
Method Corrected Result	11.40	8.21	20.70	1.80	
Mean	11.42	8.21	21.11	1.85	
SD	0.20	0.15	0.41	0.05	
Number	170	172	169	168	
Uncert	0.015	0.010	0.032	0.004	
Cobas C Module					
Mean	11.45	8.26	21.13	1.86	
SD	0.17	0.13	0.31	0.04	
Number	91	92	92	91	
Uncert	0.018	0.013	0.033	0.004	
Overall					
Mean	11.39	8.21	21.05	1.86	
SD	0.22	0.16	0.40	0.06	
Number	181	168	168	168	
Uncert	0.020	0.014	0.033	0.004	
Reference Values					
ID-GCMS	7.0	7.0	7.0	7.0	
Target Value Uncertainty	0.100	0.070	0.190	0.020	
Non-scoring Reference values					
Weqas SD	0.40	0.20	0.65	0.17	
SDI	0.40	0.20	0.38	0.23	
Sigma Metrics					
Minimum Acceptable score	1.62	Critical Level 1	Sigma score	7.4	
MAPS Allowable TE	6.9%				
MAPS Allowable bias %	2.20%	Lab bias %	0.2%		
MAPS Allowable CV %	2.90%	Lab CV %	0.9%		



Assessment of:

**Traceability** – Full traceability chain to ID-GCMS Reference method.

**Accuracy** – Comparison to peer group and reference method. From the linear regression analysis equation,  $y=mx+c$ , the trueness (bias) is calculated at the critical level (x), which for glucose is 7.0 mmol/L.

when  $x=7.0$  then  $y=0.99(7.0)+0.09=7.02$  mmol/L

Bias =  $(y-x)/x * 100 = (7.02-7.0)/7.0 * 100 = 0.2\%$

**Imprecision** (CV%) =  $Sy_x / x = 0.064/7.0 * 100 = 0.9\%$

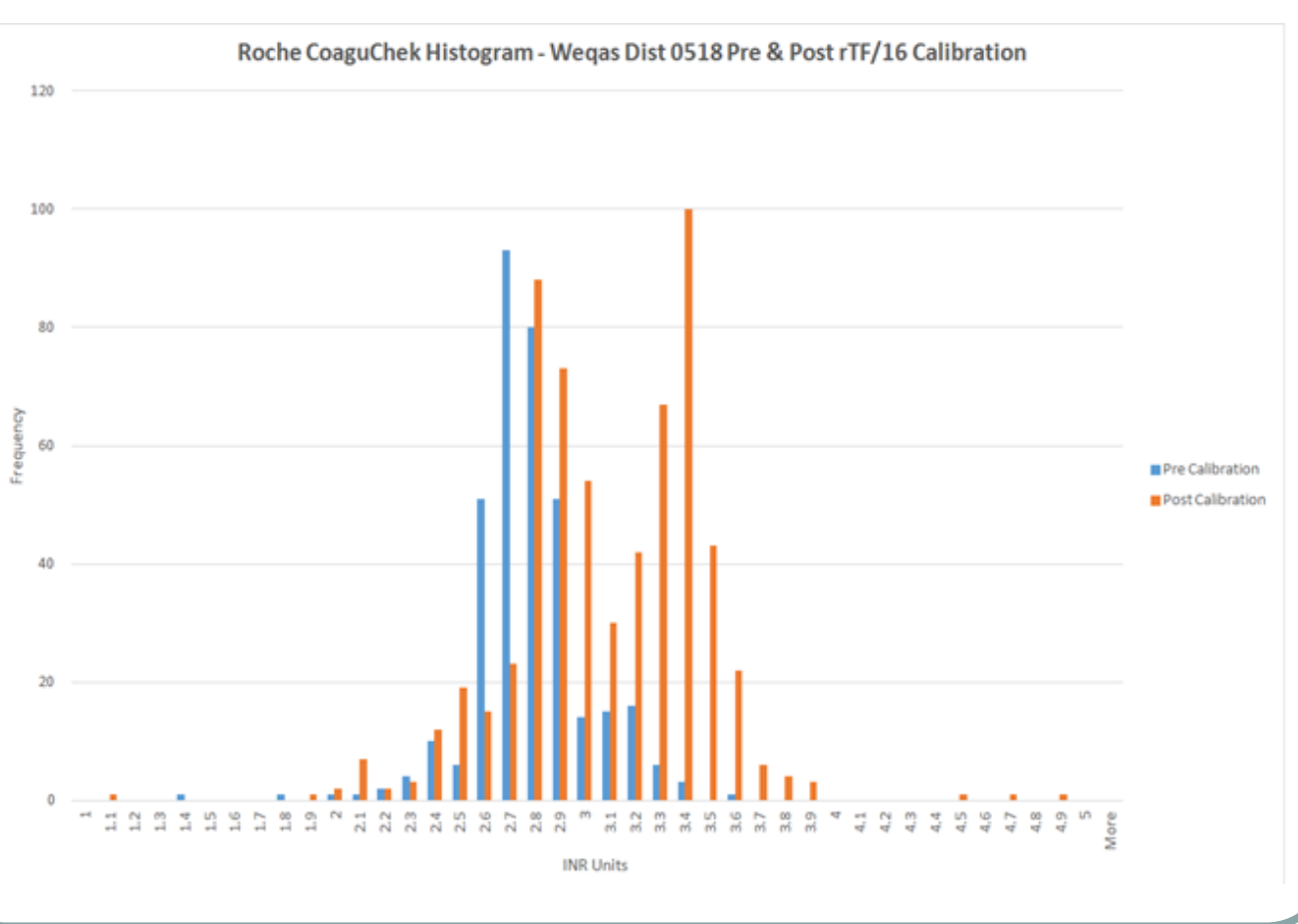
**APS** – from Biological variation, TE = 6.9%

**Linearity** – Range of concentration span clinically relevant range.

**Uncertainty** – provided at end of 12 month review calculated as a between batch CV% from replicate measurements.

## Post market vigilance- e.g INR thromboplastin recalibration

Fig 5 - Results classified into pre and post recalibration

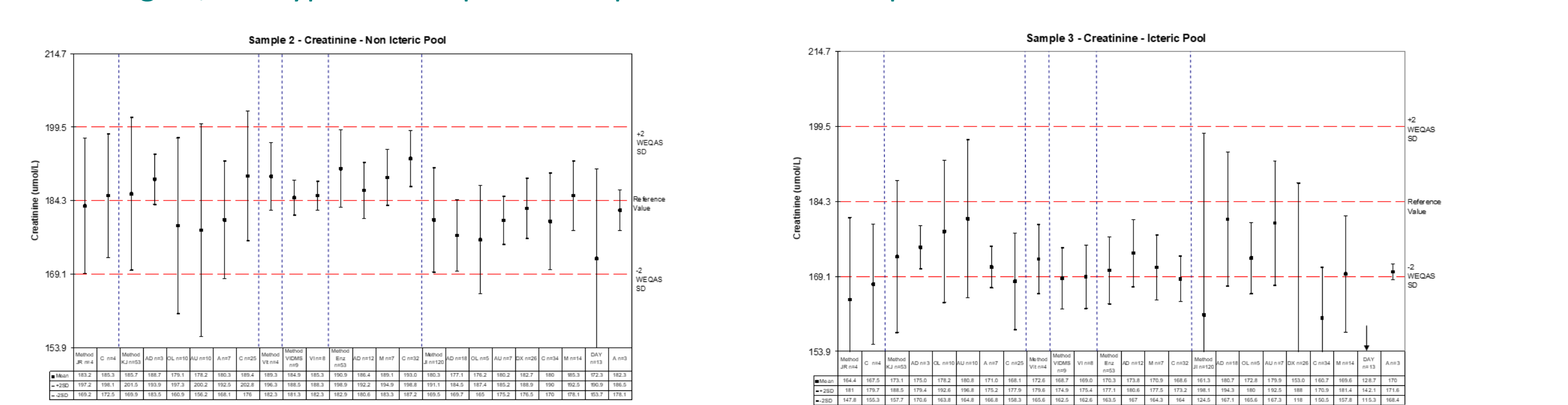


Wide variation of results was observed. The results were classified into pre and post calibrated strip lots and analysed. The pre calibration strips compared well with the results from a previous distribution of the same material, (Median 2.8) however much higher results and a wider distribution of results was observed for the post calibration strips. Weqas immediately contacted the manufacturer and sent them the data.

## Education

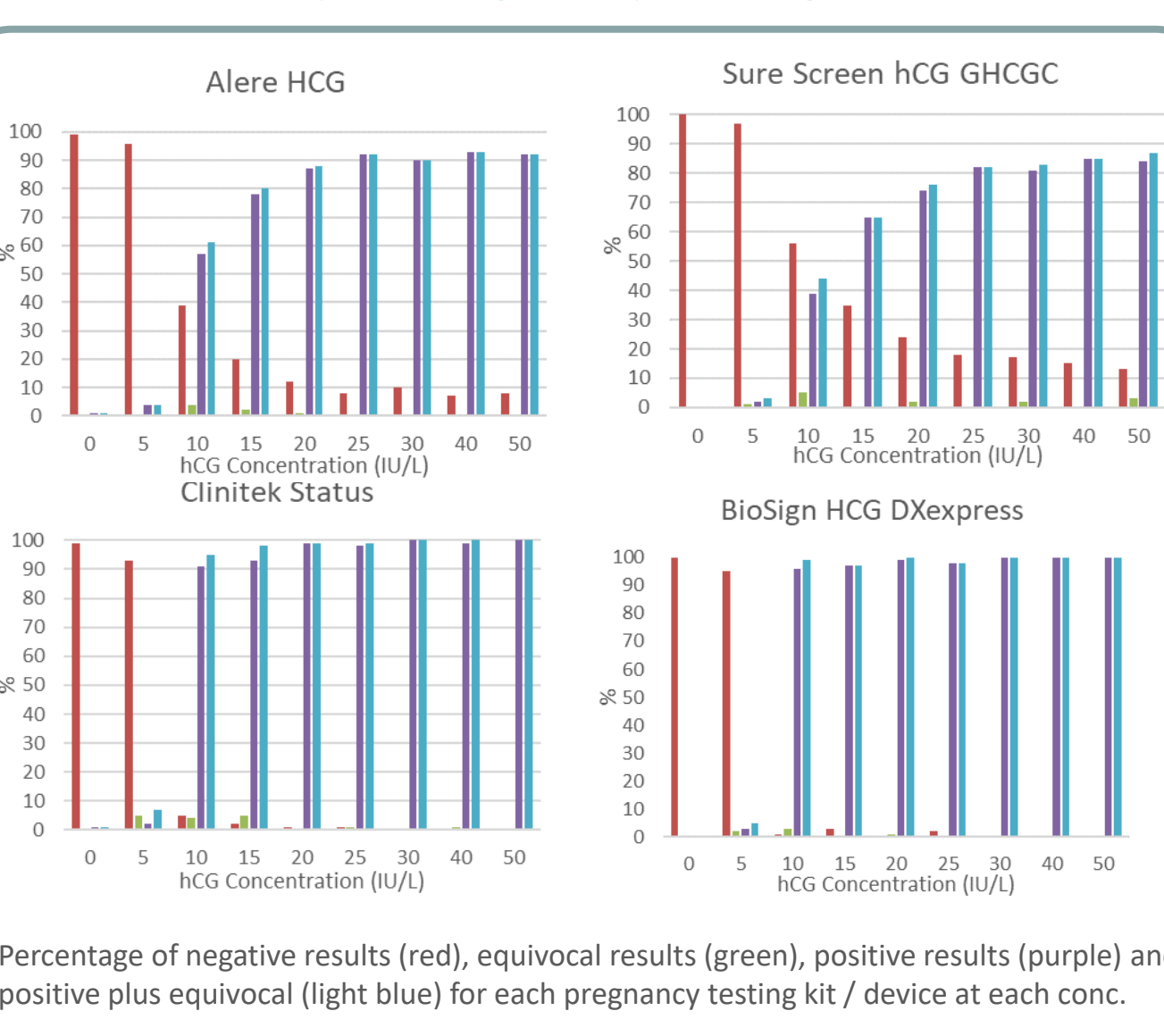
EQA Programmes play an important role in the continuous education of laboratory staff and should include educational elements relating to: Pre-analytical effects, performance of methods, susceptibility of methods to interference, and the interpretation of the results.

Fig 6a,6b - Typical example of Weqas Interference Reports – effect of icterus on creatinine



The reference value (ID-GCMS) was 184.3 µmol/L for sample 2 and 184.4 µmol/L for sample 3

Fig 7a-d, Assessment of analytical sensitivity of Pregnancy testing kits.



Percentage of negative results (red), equivocal results (green), positive results (purple) and positive plus equivocal (light blue) for each pregnancy testing kit / device at each conc.

Table 1 - Assessment of analytical specificity of total Bile Acid methods

Returned results	CHOLIC ACID ID-GCMS Target 103.2 µmol/L				DEOXYCHOLIC ID-GCMS Target 108.8 µmol/L			
	mean	SD	n	% recovery	mean	SD	n	% recovery
overall	101.18	7.54	111	98.06	137.80	15.87	110	126.68
Enz-Thio-NADH	99.89	6.59	95	96.81	141.27	15.64	94	129.87
Enz-Formazan	89.5	1.50	5	86.74	137.00	15.00	2	125.94
Enz-Formazan (Sentinel)	112.41	4.90	15	108.95	119.42	5.08	15	109.78
POOL ID	URSODEOXYCHOLIC Gavametric Target 100 µmol/L				CHENODEOXYCHOLIC ID-GCMS Target 77.1 µmol/L			
Returned results	mean	SD	n	% recovery	mean	SD	n	% recovery
overall	57.81	8.44	107	57.81	56.05	7.30	107	72.66
Enz-Thio-NADH	56.00	4.44	98	56.00	54.25	4.61	95	70.32
Enz-Formazan	51.50	0.5	2	51.50	51.00	2.00	2	66.11
Enz-Formazan (Sentinel)	90.47	3.33	15	90.47	77.05	2.88	12	99.88

The study highlights the importance of using reference methods to assign target values rather than consensus mean and presents strong evidence on the variability in specificities of the methods for the different bile acids.

## Conclusion

The primary intention of an EQA provider is to monitor the performance of laboratories and to support quality improvements for the benefit of patients. It is therefore proposed that the definition should be broadened to include education, troubleshooting support, the assessment of the pre and post analytical phase, post market vigilance, and the monitoring of harmonisation strategies.